

# Ocean House Beaches Café Breakfast

## *Smoothie Bar 16oz...at 9*

Chocolate Monkey- banana, cacao powder, flax meal, choice of milk

Mango Twist- banana, pineapple, coconut, mango, choice of milk

Merry Berry- banana, strawberry, blueberry, raspberry, choice of milk

*Choice of milk:* almond, coconut, rice, whole, low fat, OJ (+1) H<sub>2</sub>O

Power up: peanut butter (+1) 1/2 avocado (+2) almond butter (+2) cacao powder (+2)

flax meal (+2) protein powder (+3)

Beaches Breakfast Parfait...8 fresh berries, vanilla yogurt, house made GF granola

Bob's Red Mill GF Oatmeal...6 blueberries + brown sugar

Fresh Seasonal Melon and berries...8

## *Beaches Breakfast*

Cape Cod Lobster Omelet...24 three eggs, brie, chives, home fries

Avocado Toast...9 heirloom tomatoes, balsamic reduction, multi grain toast

Breakfast Sandwich...10 two eggs, gouda, pork belly ~ *pick:* bagel, english muffin or GF brioche

Smoked Salmon Sandwich...10 horseradish-scallion CC, tomato, red onion, capers, on a bagel

Two Farm Fresh Eggs...10 *cooked any style* ~ home fries, fresh fruit, toast

Garden Fresh Egg White Frittata...10 seasonal vegetables, tomatoes, mushrooms

Hunter Style Three Egg Omelet...12 wild mushrooms, heirloom tomatoes, fontina, home fries

Eggs Benedict...12 English muffin, Canadian bacon, hollandaise sauce, truffle

Eggs Tzar Nicholas...14 English muffin, smoked salmon, hollandaise, caviar, crème fraîche

Impossible Benedict 18 wilted spinach, plant based meat, hollandaise, chives

Crab Cake Benedict 18 English muffin, jumbo lump crab, hollandaise, chives

Corned Beef Hash...14 two poached eggs, asparagus, hollandaise, chives

Brioche French Toast...10 bananas foster, strawberries, pure VT maple syrup

Buttermilk Pancakes...10 macerated strawberries, powdered sugar, pure VT maple syrup

Belgian Waffle...10 summer peach-blueberry compote, powdered sugar, pure VT maple syrup

## *On The Side*

one farm fresh organic egg...3 ~ short stack pancakes...6 ~ home fries...4 ~ bagel + CC...4

OH muffin...4 ~ OH GF blueberry muffin...5 ~ OH cinnamon bun...5 ~ cold cereal...4

white or 12 grain toast, English muffin, bagel...3 ~ no nitrate bacon, pork sausage, turkey sausage,

Canadian bacon, country ham...6